





*“I am here to inform  
and explain you all, to  
spread His word and  
to warn you, you must  
spread His message to  
the others too.”*

(Mustafa Ibn Ar-Rashid)



**“PAHAMILAH!”**

*Mustafa Ibn Ar-Rashid*



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## Introduction

I have written this short book to share with everyone my acknowledgement of human life purpose: the Indonesian title “Pahamilah” has the English meaning of to understand, to know: it refers to the comprehension of our existence.

My achievement took me more than fifty years of my life: consistency in studying and evaluating the known and the unknown brought me deeply interested and skilled in many disciplines from mechanic to metaphysic, I grown up mentally to know and use ancient methods of meditation until to reach, step by step, first my enlightening and later my complete understanding.

I am an engineer, logic is in my blood and obviously I want always to have the tangible proof of every postulate and theory; on the other hand my open and free mind has allowed me to look for, to elaborate and to find different solutions for every problem that I have had to face, even when such solution differs from the common thinking; this is the reason why starting as atheist I finally became a true believer.

I made this book short and simple with the intent to keep your focus on the main concepts which are the result of my whole life research.

I don't go through details just to make more pages to read, I believe it is more important to tell you the basic assertions of my philosophy so you can evaluate the message I give to you and decide to carry out or not the "tangible proof" that what I am telling is true.

I don't go through my personal experiences now, these are not important for the scope of this book, I have a message to deliver and this is my only concern.

I just want to explain to you in few words, the best simple way to understand, the concepts with the purpose to make you to know straight the truth avoiding frivolities and distractions.

I'll give you the opportunity to confirm my assertions, I mean: you will get the "tangible proof" during the reading of this short manual: let's go to start.

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## Assertio I

*“He is in everything and everywhere”*

Inside any atom, in the very tiny space between neutrons and protons, in the smallest room inside each molecule and in the vacuum and in the between He exist.

Each type of Materia or Not-Materia contains Him: an apple, the water, the ground, a stone, the gold, the wood, the light.

He is also in the radio waves and even in the thought and in the time. He is in ourselves too and our souls are part of Him, alike He is part within us, we are one within Him.

Each one of our souls has particular cohesion between its own molecules which makes each soul unique: we are still part of Him and He is part of each soul because our souls are belonging to Him.

When you look to the mountains, to the sea, to the sky until the twinkling stars and beyond: He is there before your eyes; you cannot see Him but you perceive His presence because He is in everything known and unknown.

There are many substances that cannot be detected by us or by our technological instruments; everyone knows that scientists are discovering new things every day and that new theories are in continuous development.

We are also aware that unveiled dimensions and worlds different from what we know exist and are out of our touch, at least for now.

On this modern era we are marveled by fantastic movies showing to us, in cinematographic way, some of the possibilities that scientists had considered in the present and in the past.

Year after year the progress of humanity is evident and such theories are confirmed by evidences and proofs, we are just wondering what the future is preserving to us.

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## Assertio II

*“He knows everything: he hear us”*

He feel each kind of noise, whispering, words, music, prayers and not only: our feelings such as joy, love, hate, greed, desperation, happiness, sadness, compassion, piety, envoy and more; each one of our actions and mood changes are perceived and evaluated by Him.

Theoretically, other dimensions very far from human philosophic conception, mathematical calculation or pure imagination exist; scientists theorized other universe in which planets with inhabitants similar to humans live.

But a different dimension doesn't mean only a different environment far from our planet: different dimensions can co-exist on the same identical place just alike the earth, and in the same identical cosmos time, right now as you are reading, the problem is we cannot grab the clue to see or touch or feel what is in front of our eyes: this happen just because we trust only our senses and this believing limits our capabilities.

## Assertio III

### *“He cannot see”*

His senses are different from ours, but His perception is keen: smell, vibration, hot, cold, humidity, dry, water, air, electricity, magnetism, gravity, and pressure, light, speed are perceived but in a way totally different from what we can understand.

He is the owner of all the thousands dimensions: we are not yet able to comprehend his sensitiveness because we are simple organisms and we cannot compare ourselves to Him.

We human beings had always perceived His presence even though the understanding of His existence had been out of our touch until now and I will unveil you soon this secret.

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## Assertio IV

*“He communicates with us but we aren’t able to understand his meaning”*

How it happens that He communicates to me?

It is difficult to explain and is part of my understanding but I will explain to you when it will be the right time.

For now just know that I have strange thoughts since I was a small child: dreams, illusions, events, even His messengers I met when I was performing astral trips.

I am here to inform and explain you all, to spread His word and to warn you, you must spread His message to the others too.

## Assertio V

*“He modifies events and plans of our life path years before”*

How many times we cannot understand why such things happened to us?

Those were messages, a way to communicate to us, with the hope that someone could grab His intention; and this I did: I understood that He wants to communicate and give me a message to make each one of us aware that He is warning us and that He need us to fulfill the duty for which He created us.

I am not a special human: His message was and is delivered to billions of people, to every one of us; eventually I understood His intention and I was instructed to deliver His message to you all.

He is testing us constantly and we must understand and fulfill our human beings duty as per His will otherwise we will be annihilated soon.

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## Assertio VI

*“He warn us: cosmos (and Himself) are nurtured by pain and sadness”*

Suffering and compassion are able to replace pain and sadness.

There is more than this: joy and happiness do the same.

He want to change the order of things through us: we are the key to make the whole cosmos a joyous place full of love, to do this we must fill our hearts with love and our souls will be saved.

If we fail we will be terminated as it happened to other creatures before us.

I would like to remind the old texts, those written by the philosophers and, most important thing, please consider the holy books born in ancient time, some of them had being written thousands of years ago, strangely in different countries with different languages but with a common path.

In these old texts is written the human history, we are wrong thinking that these books contain just legends, isn't?

Instead in their words is written the truth, the secret of humanity and, furthermore instruction to maintain our integrity and improve ours path to salvation.

Has not to be forgotten that in the holy texts is expected the destruction of the human race: this warning has been always underestimated and misinterpreted; nevertheless there is truth in them.

Being able to understand His message, and becoming aware of His will to communicate to me and to the humanity His warning, I am just following the instruction He has given to me: spread His instruction to everyone the best I can.

It is crucial that you readers understand what is the meaning of this book, I do want to make you to truly believe in what I am saying, to win your confidence He ordered me to give you a "tangible proof": you'll get it very soon.

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## Assertio VII

### *“He created us with a purpose”*

We, the human beings, are the scum of the universe and we live in the hell.

This is the truth: this is the hell where each one of the creatures lives in fear of a terrible death: before or later our material bodies will be devoured by other creatures.

No one is exempted from this slaughtering: animals and vegetables and even materials which we never considered alive (water, stones, oxygen, oil, ground) are consumed to make energy for other species.

Actually the process of feeding is in progress since we had born, microbes, protozoa, ectoparasitic mites, are inside our bodies, think just the good ones such as the white blood cell or the enzymes: old cells of our body are eaten and digested to feed the new cells.

If you don't believe that we live in the hell think only for a minute to be an insect, let's say a grasshopper: any bird or spider likes to bite and eat you alive, any men could splat your body without any interest in your life and even if wounded, even when you are eaten by small toothed mouths of other insects you cannot even scream and no one will hear your fear and pain, this is the hell.

We humans are bad in behavior: egoism and hypocrites prevail; as we look only to our personal interests and we don't care how we reach our target we just want to dominate others and enjoy this short life the better we can.

Prophets and philosophers weren't able to convince human race that a common benefit is the only reasonable way to live.

Thousands if not millions of years precedent to humanity, since the primordial life, innumerable different kinds of organisms were destroyed because they failed their duty... how can I affirm this?

Simply look under the ground: do you know how is composed the black fuel oil extracted?

Organic compound...what it means?

Theoretically, I think that thousands if not millions of organisms alike humans were created and then destroyed on this planet.

And this is not all: the "hellfire" exist: the whole cosmos is collapsing and you know this: inform yourselves: black holes eat stars and everything around...where this Materia goes?

What will happen when our star, the sun, explodes?

Being made of Him our souls will last forever...where?

The answer is clearly easy: we have to expect our souls to remain millions of years along with the fire of the collapsing sun; I believe it will be very painful even for the souls are there at millions of degrees of heat.

He is everywhere, He is everything, and He knows that in this continuum of the cosmos, before or later, He will be in eternal fire, badly this will last for the eternity: He doesn't want it happens.

He is sending His message to us since the beginning of the time: prophets, philosophers, religious devotes, ascetics, writers, filmmakers, visionaries and persons considered fools were unheard.

Something similar happens to the Holy Books: even many believers read with open and pure heart the Scriptures the message remains unclear: I must thank whom preserved the religion: this is the right channel to be in touch with Him, this is the basic path to the understanding of His will and of our duty as human beings.

There is an option to revert the disruptive process and is a metaphysical choice and here we go to play the game: our duty is to change the rules of the whole cosmos: we must replace the pain with the joy, if we are committed to do this we will be upgraded to superior race simply because we are able to renounce to personal advantage and we commit to help the collectivity sharing love between and within each molecules and vacuum, this radical change of behavior and attitude can be done only by the worst cruel element in the whole cosmos: us, the humans.

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## Monitum

### *The inexplicable proof:*

Since I was a small child....I was not a believer....until these days.

Does not matter if you are a believer or not, what is your religious view or to whom you really believe to belong, my desire is to respect every one of you and my thought is very far to offend anyone of you: I am here to deliver the message as it had been given to me, please read below and keep in mind that this is just the beginning of a new era.

Bismillah hirhuaman hirhuahim..

I am instructed to give you this opportunity today, this is like a dream for many....I know is not a dream but a choice.

The same choice that humanity had since the beginning of the time, since the first human was created and instructed by Allah.

Keep in your mind that everything is only as per Allah will, He is the Lord of the Worlds, and He knows everything and is Him to allow things happen.

You and I, the whole we know, are just prostrated to Allah: everything is belonging to Him.

He can do of us what He wants.

He sent to us the Holy Qur'an to make us aware of the truth and in the Holy Qur'an is written the truth.

Allah loves us and created us with a holy purpose known only to a few of us.

It is time to reveal this purpose so humanity will choose between to disappear and be eternally in the hellfire or to begin the evolution to achieve the Heaven.

Very soon I will give to you all the complete instruction how to become enlightened and then how to achieve the complete understanding of the mission of our life and the secret of the human destiny.

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## **Probationem I**

Before to continue I am ordered to give you a proof of the authenticity of my assertion: you have just to pray as you usually do; only this time during your prayer keep in your mind a person who is sick and needs to heal, just let your feeling goes and have compassion of this person: true compassion is your key.

If your heart is pure and you are sincerely committed to Allah will, you will get tears in your eyes and deep sadness in your heart; in the mean time you will feel joy: surely our Lord will clear the sickness, to disappear it in few days.

Note it is not you the healer: you are only His tool to channel His love to heal the sick, you will feel His immense love flowing through your body: drive it to the person to heal just with your thought...you can do it right now.

Please note that even if you have been selected not all but many of us are enabled to success as per Allah will, I say it again: not each one of us but many.

Also I do recommend not to stop any medical therapy during this time, it is paramount to heal the person and the doctors prescriptions have to be continued, note that I said not everyone but many of you will see the efficiency of the prayers, Allah will hear you only if your heart is pure and you are willing to give compassion and love.

If you never pray or if you have just forgotten how to do it doesn't matter, just close your eyes and talk to Him, whisper your thought, send the love which is in your heart to Him, He listen your words, He hear your thoughts, He feels your love and compassion.

He will flow through each one cell of your body and will give you the joy necessary to meet the truth you keep inside you: love is in you as it is inside everyone heart, we must not forget it, never.

Do not replay to me, even you successfully see the healing, this is just the proof that I'll tell you the truth.

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## Conclusion

Ignore my words if you think badly of me, I don't have any personal interest: only Allah will make you to achieve and to understand what I will reveal very soon, I am only His humble slave instructed to show the purpose of humanity, just keep in touch with me.

*Assalamaileikum Warahmatullah*

*Mustafa Ibn Ar-Rashid*



# الفهم

INSHALLAH.

IN TRUTH I SAY:

I AM TO REVEAL YOU THE EVERYTHING, OPEN YOUR MIND AND HEAR TO UNDERSTAND.

1\_ AS YOU PRAY YOU MUST FILL YOUR HEART OF TRUE LOVE TO ALLAH AND THE EVERYTHING ALLAH CREATED.

2\_ YOUR PRAYERS MUST BE SINCERE AND PASSIONATED.

3\_ YOUR LOVE TO ALLAH MUST BE SO STRONG TO MAKE YOU CRY OF COMPASSION: SO PAINFUL TO YOUR HEART SO JOYOUS TO YOUR SOUL.

ALLAH HU AKBAR.

الرشيد ابن مصطفى

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